



Muslim Scout
Fellowship



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**muslim
climate
action week**

POWERED BY ISLAMIC RELIEF



Muslim Climate Action Week Activities

4th-10th November 2024



As-salamualaikum

Muslim Climate Action Week is an awareness-raising campaign powered by Islamic Relief, highlighting the relationship between Islam and looking after the environment, celebrating and platforming collective climate action in the Muslim community, and creating space for meaningful debate and discussion around environmental stewardship. **Between 4-10th November, communities, schools, scout groups, charities, mosques and more will join together in a wave of support for action to protect the planet.**

By taking action together at the same time across the UK, we will be able to show that the Muslim community deeply cares about tackling climate change and protecting nature. As Scouts, the earth is at the core of our activities and values, so as Muslim Scouts we are bound by duty to take care of the planet!

MSF have partnered with Islamic Relief UK to bring you a 'Muslim Climate Action Week' blanket badge. In order to earn the badge, young people must participate in one of the activities in this pack **during** MCAW. There are a limited number of badges, and these will be allocated fairly on a first come first served basis, we want as many different groups to be able to participate so there will be a limit per group request.

In order to provide you with the badges we need to see photographic or video evidence of the activities the young people have taken part in. Please take high quality photos and videos so that both MSF and IR can share them as part of the campaign. You can email any photos to marketing@ukmsf.org, and tag **@ukmuslimscout** and **@islamicreliefUK** in your posts to amplify your efforts during **MCAW**.

Fill in this form by **Sunday 3rd November 2024** to request the badges for your group: [**Badge Request Form**](#)

May Allah allow our efforts to positively contribute to the earth and environment. May He forgive us for the ways we destroy and degrade the planet, both knowingly and unknowingly. May Allah grant our communities the sense of responsibility that is urgently needed to preserve and protect the planet, and may our children gain a deep love for the earth. Ameen.

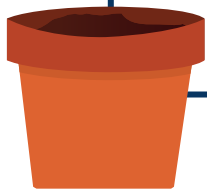
~ MSF Programme Team

Activity: Bug Hotel



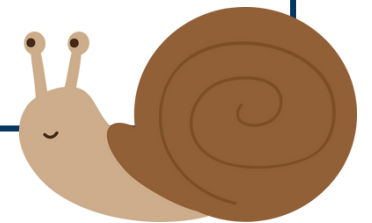
Instructions

- Provide each YP with a plant pot.
- Go out into the woods and collect different items such as: dry leaves, twigs, tree bark, straw, hay, moss, dry grass, or generally anything hollow for nesting bees and shelter for ladybugs.
- Using these materials, create a miniature habitat in your plant pot and place them in their garden or outdoors for bugs to visit and enjoy!
- Take photos or create a journal to keep track of the different bugs you encounter!



Islamic Principle

- Allah has made us stewards of the Earth
- Humankind has been entrusted with the trusteeship of the Earth
- “It is He [God] who has made you successors on the Earth...” (6:165)
- Humankind will be held accountable for their treatment of the Earth and all living species



Activity: Explorer Eco Challenge

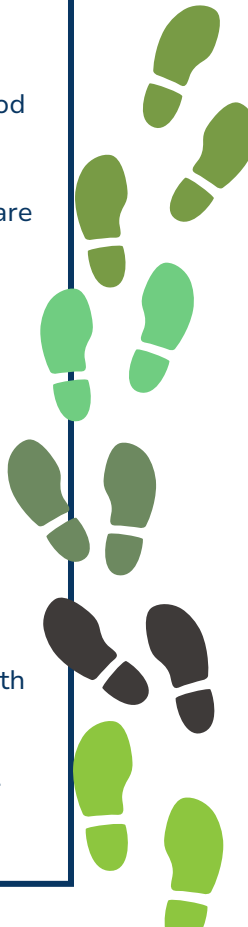
Instructions

Explorers must do the following for 3 consecutive days during MCAW:

- **Go meat free!** - keep a diary log of everything you eat over the three days. Meat and dairy production is responsible for 14% of global climate-changing emissions. Whilst it is important to have a balanced diet, too much meat is no good for your health either. Each year we could prevent thousands of early deaths in the UK, and save the NHS a fortune, by eating low-meat diets.
- Walk **10,000 steps** each day, try and swap out car journeys where you can.
- **Do not buy** any new items for the duration of this challenge.

Islamic Principle

- While Islam encourages humankind to make use of natural resources, this should be in a sustainable manner, because this disrespects Allah SWT's creation and can cause harm to us and other living things.
- 'It is to God that everything in the heavens and earth belongs: God is fully aware of all things.' Qur'an (4:126)
- Although the earth is created for us to enjoy, it should never be degraded in any way – contaminated or exploited. Its resources are available to humanity but are to be used in ways that are sustainable and without harmful impact to the environment and the ecological balance.
- The resources we exploit, and the ecosystems we disturb are all observed, recorded, and known by Allah SWT. What does this realisation inspire within us? It pushes us to be more mindful of our consumption, to tread lightly, and to select alternatives that support rather than deplete. This awareness motivates us to become advocates of sustainability, promoting practices that honour the interconnectedness of life and preserve the delicate balance of nature.
- As Stewards of the Earth, it is our responsibility to preserve the life that Allah (SWT) has sanctified and to honour and treat it with due respect.
- Islam advocates living in harmony with the environment, moderation, avoiding excess and being wasteful, and respect for life in all its forms.



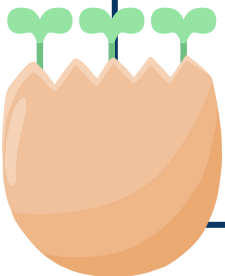
Activity: Egg-shell Cress Heads

Instructions

- Ask YPs to bring an empty egg shell along to session (try to ensure the shell only has one hole at the top, and no other cracks)
- Decorate the egg shells
- Fill the egg shells with cotton wool to around 1cm below the top of the egg shell
- Add cress seeds and spray with some water
- Wait for your cress heads to grow!

Islamic Principle

- Prophet Muhammed (SAW) emphasised environmental stewardship and encouraged practices that sustain the Earth
- “If a Muslim plants a tree or sows seeds and then a person, bird, or animal eats from it, it is counted as a charitable gift for them” (Sahih Al-Bukhari 2320, Book 41, Hadith 1)
- “Even if the Resurrection were established upon one of you while he has in his hand a sapling, let him plant it.” (Sahih Musnad Ahmad 12902)



Activity: Litter Picking

Instructions

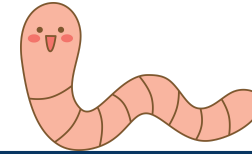
- Grab a litter-picker and some bin bags and clean up your local neighbourhood, disposing of your bags through either the local council or otherwise responsibly
- Consider integrating litter picking into every outdoors activity your group does, for example when going on a walk/hike, take the necessary equipment to collect any litter you see en route
- Consider reaching out to the National Trust to help clean a beach, or the Rivers Trust to de-litter a river

Islamic Principle

- The Prophet (SAW) said: “And removing a harmful thing from the path is a charitable act.” (Recorded in al-Bukhari and Muslim)



Activity: Build a Compost!



Instructions

Global food wastage causes more carbon emissions than the majority of countries in the world.

37% of carbon emissions from food waste happen when food is prepared and after it's eaten. So we can all make a big difference by wasting less food at home.

- Build your own compost at home or at your Scout hut!
- If you do not have enough space to build a compost, you can build an indoor wormery!

Islamic Principle

- In the Holy Qur'an, Allah (SWT) tells us to: "eat and drink however not to waste as verily Allah does not love those who waste" (7:31).



Activity: Bird Feeder

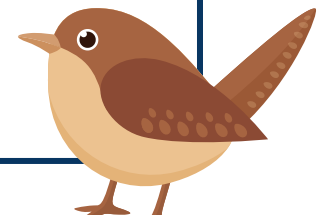


Instructions

- Cut a small hole in the side of the plastic bottle, just below the neck.
- Cut a small piece of string or twine and tie it around the neck of the bottle, leaving a small loop at the top.
- Fill the bottle with birdseed.
- Hang the feeder in a tree using the loop of string you tied at the top.
- This feeder is incredibly easy to make and can be alternated with different types of birdseed and decorations. It's also a fantastic way to reuse and recycle plastic bottles that would otherwise end up in landfills. Your feathered friends will love it!

Islamic Principle

- Humankind is entrusted with a sacred responsibility to protect and conserve the environment
- “Remember when your Lord said to the angels, “I am going to place a successive human authority on earth” (2:30)
- Discuss the story of the Prophet Suleiman (AS), and how he was blessed with the unique ability of talking to animals. What do you think birds are saying? What would you ask birds if you could talk to them?



Activity: Wildlife Scavenger Hunt

Instructions

- Take your young people on a walk or hike to appreciate and reflect on Allah's beautiful creation
- Have the young people complete a scavenger hunt while on the hike
- Create a list of objects and sites to locate during your walk. For example: a pond, a specific type of tree, a species of bird, a butterfly, etc



Islamic Principle

- “That is the design of Allah, who has perfected everything...” (27:88)
- “And He is the One Who spread out the earth and placed firm mountains and rivers upon it, and created fruits of every kind in pairs. He covers the day with night. Surely in this are signs for those who reflect” (13:3)
- Taking sometime to reflect and ponder on Allah's creation encourages us to appreciate the uniqueness of the world and its beauty.

Other activities:

Link to activity	Source	Summary
<u>Shrinking Habitat</u>	TSA	Understanding habitat loss through a simple physical game.
<u>Plastic Bottle Greenhouse</u>	TSA	A long-term project creating a greenhouse from large plastic bottles collected over time. Consider adding this as a permanent feature to your Scouts hut!
<u>Think outside trash</u>	TSA	Understanding how long certain materials take to decompose, and evaluating whether it is worth using them.
<u>Community Energy Debate</u>	Scouts for SDGs	Debating about different positions and perspectives on energy use.

Other activities:

Link to activity	Source	Summary
<u>What is your stand on...</u>	Scouts for SDGs	Understanding the attitudes, values and perspectives on sustainability and nature of yourself and others in your group, expressing your opinions in a positive way.
<u>Dig Deep</u>	Scouts for SDGs	Digging deeper into the important role soil plays in maintaining life on earth.
<u>Run an Eco-Friendly Camp</u>	TSA	Planning an eco-friendly camp, thinking about different ways we can improve our practices and habits.
<u>Spread the word through community</u>	TSA	Inviting your local community to talk more about climate action and your learnings from these activities.