



Muslim Scout
Fellowship

Project Deliver and Develop

WE SHARE BECAUSE WE CARE!

Beavers Full Year Programme Plan

With contributions from 1st Cathays al Huda and 304th Birmingham

As-salamualaikum

Welcome to MSF's first Beavers Full Year Programme Plan! This plan has been curated by Beaver leaders with a wealth of experience, coming from two groups who have been delivering programmes for around two decades - 1st Cathays and 304th Birmingham. The Year Plan provides a basis for what an enriching Beaver programme can look like, but of course, the energy and enthusiasm that exists in newer groups is exactly what's needed to take it to new levels.

As Muslims, we should constantly be in a process of self-improvement, extending from our personal lives to our voluntary work in Scouts. Take this Year Plan and supplement it with your ideas, adapt it to suit your group best, and always keep each Beaver's personal experience in mind. We have provided basic and similar first and last sessions for each term, but these can be a highlight for Beavers, so think about how you can make them particularly memorable.

We ask Allah to grant us the skills, wisdom, and empathy that is needed to lead Beavers at their tender age. We pray that He accepts our voluntary efforts for our communities, and keeps the beneficial aspects of our plans and prevents any fruitlessness in our plans. May Allah accept from us all. Ameen.

~ MSF Programme Team



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Beavers Autumn/Winter Term Plan

September - December

September Session 1

Badge/s	Activity	Summary
Teamwork Challenge Award  Personal Challenge Award 	Welcome and Introduction	Activity 1: Introductions • Human Bingo to learn more about each other Activity 2: Rules and expectations • Learn beaver promise, law and salute • Set personal challenges and goals • Allocate Beavers into their lodges for the year • Gather ideas and interests for the year ahead Activity 3: Team building activities • Get into height/age/alphabetical order in silence • Human knot • Dragon tail chase • (refer to MSF Game ideas on website) Islamic principle/link: The importance of brotherhood & sisterhood in Islam - "None of you truly believes until he loves for his brother what he loves for himself." (Sahih al-Bukhari, Hadith 13; Sahih Muslim, Hadith 45)

September Session 2

Badge/s	Activity	Summary
Creative Badge 	Flag Making	Activity 1: Flag making • Beavers make flags to represent their lodges • These can be used throughout the year Activity 2: Presenting • Ask the beavers to present their flags and a fun fact about their lodges

September Session 3

Badge/s	Activity	Summary
Experiment Badge 	Various experiments	Activity 1: Water purification experiment - Objective: understand the importance of clean water and purification in Islam - Description: Demonstrate simple water purification techniques, such as using a homemade filter with sand, gravel, and charcoal. - Islamic principle/link: Explain the importance of clean water in daily life and its significance in Islamic rituals like Wudu (ablution). Discuss how access to clean water is a blessing and a responsibility. Also mention Zamzam water and its importance in Islam Activity 2: Floating and sinking with Prophet Nuh's Ark - Objective: explore the concepts of buoyancy and the story of Prophet Nuh - Description: Use various objects to test which ones float and which ones sink in water. Relate this to the story of Prophet Nuh and his ark. Build small boats using recycled materials and test their ability to float. - Islamic principle/link: Discuss the lessons from the story and the importance of obedience to Allah "But they rejected him, so We saved him and those with him in the Ark, and drowned those who rejected Our signs. They were certainly a blind people." (7:64) Activity 3: Creating a rainbow - Objective: understand the science of light and rainbows - Description: Use a glass of water and a mirror to create a rainbow on a piece of white paper. Explain the science behind rainbows and the concept of light refraction. - Islamic principle/link: "And We have sent down blessed rain from the sky and made grow thereby gardens and grain from the harvest" (Quran 50:9) - emphasise the beauty and blessings of nature Activity 4: Explore the phases of the Moon - Objective: understand the lunar calendar and its significance in Islam - Description: Use oreo cookies or paper cutouts to model the phases of the moon. - Islamic principle/link: Explain how the Islamic calendar is based on the lunar cycle and the importance of the moon in determining months like Ramadan and Eid. Discuss how observing the moon connects Muslims around the world

October Session 1

Badge/s	Activity	Summary
Community Impact Staged Badge 	Charity Week	Activity 1: Join your local charity week campaign • Every october, Islamic Relief hold a charity week. • This is a great opportunity for beavers to learn about the importance of charity and giving back • Teach the beavers about the different causes and campaigns that Islamic Relief have to offer Activity 2: fundraising • Hold a bake sale or jumma collection • Ask the beavers to bake goods at home and bring them along to the bake sale • Send collection boxes home with the beavers to collect donations from family and friends Islamic principle/link: The importance of charity/Sadaqah and helping those in need • “The example of those who spend their wealth in the cause of Allah is that of a grain that sprouts into seven ears, each bearing one hundred grains. And Allah multiplies ‘the reward even more’ to whoever He wills. For Allah is All-Bountiful, All-Knowing.” [Quran 2:261] • “O believers give of what We have provided for you.” [Qur’an 2:254]

October Session 2

Badge/s	Activity	Summary
Sports Badge 	Olympics Trials	Trialing for the different activities to be part of the MSF Olympics Cohort

October Day Trip: MSF Olympics

Badge/s	Activity
Sports Badge 	MSF Olympics, usually on the last weekend of October

November Session 1 (after half term)

Badge/s	Activity	Summary
Creative Badge 	Puppet Show	Activity 1: Make puppets - Arts and crafts activity (various materials needed, like sticks, paper, colours, etc) - Decide on a theme prior to the session - E.g. Superheroes - E.g. Occupations - E.g. History - Explore the theme in an open circle, exploring physical and mental characteristics - Task beavers with creating their own characters Activity 2: Story telling - Assign a theme to each lodge - E.g. Helping someone - E.g. Friendship - E.g. Sharing - Task beavers with coming up with a story with either all of their characters or a selected couple - Have them present their stories to the rest of the group

November Session 2

Badge/s	Activity	Summary
Global Issues Badge 	Islamophobia Awareness	Activity 1: what are you proud of as a muslim? - Ask the beavers to make a collage about: - What Islam means to them - What they are grateful for - Who are their role models in Islam Activity 2: Make a card for a non muslim teacher or friend - Task Beavers with designing a card explaining why they love to be Muslim, intended for a non-Muslim teacher or friend Activity 3: Perform random acts of kindness - Ask the beavers to write a list of acts of kindness they will try to do before the next session Islamic principle/link: We should always be proud to be Muslim, and say 'Alhamdulillah' that Allah chose for us to be part of His perfect religion

November Session 3

Badge/s	Activity	Summary
Disability Awareness Badge 	Sensory experience and disability simulation	Activity 1: Sensory Experience • Create a sensory experience of common household items for Beavers with a focus on tactile, auditory, and olfactory sensations • Beavers can touch and feel items such as prayer rugs, pebbles, listen to recordings of prayer and Quran, and smell fragrances Activity 2: Disability simulation • You may wish to contact your local 'Sense UK' charity branch to support with this activity • Split cubs into 3 groups and set up 3 stations: ◦ Hearing impaired: headphone challenge and try lip reading ◦ Blindness: blindfold a cub and have them undergo a series of obstacles, whilst being navigated by their team only through words ◦ Walking/Physical disability: crab football - play football sat on the floor • Rotate so every group has a go at every station Islamic principles/link: Allah makes no mistakes, and no two people are the same. Everyone is created for a reason and with a purpose and no one person is better than another. Teach the children to constantly say 'Alhamdulillah' to thank Allah for the functions we may take for granted or not realise we have, like the ability to walk.

December Full Weekend

Badge/s	Activity
Adventure Challenge Award  Outdoor Challenge Award  Nights Away Staged Badge 	Section, Group, or Intersection Winter Camp

December End of Term Session

Badge/s	Activity	Summary
Teamwork Challenge Award  Personal Challenge Award 	Games Session, Pack Forum	Activity 1: Team building games • Neckerchief game • Simon says • (refer to MSF Game ideas on website) Activity 2: Term reflections • What did they enjoy? • Did they try something new? Overcome a fear? • What did they not like? • What personal goal can they work on next term? Activity 3: Badge ceremony • Award badges they have achieved Islamic principle/link: • Ihsan - striving for excellence (on an individual and group level)



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Beavers Spring Term Plan

January - March

January Session 1

Badge/s	Activity	Summary
Teamwork Challenge Award  Personal Challenge Award 	Welcome back and Introduction	Activity 1: Introductions • Human Bingo to learn more about each other Activity 2: Rules and expectations • Learn beaver promise, law and salute • Set personal challenges and goals • Allocate Beavers into their lodges for the year • Gather ideas and interests for the year ahead Activity 3: Team building activities • Get into height/age/alphabetical order in silence • Human knot • Dragon tail chase • (refer to MSF Game ideas on website) Islamic principle/link: The importance of brotherhood & sisterhood in Islam - "None of you truly believes until he loves for his brother what he loves for himself." (Sahih al-Bukhari, Hadith 13; Sahih Muslim, Hadith 45)

January Session 2

Badge/s	Activity	Summary
Space Badge 	Ordering planets and the moon	Activity 1: Ordering Planets • Using different sized fruits to represent the planets • Place the planets in the correct order • Once completed discuss and correct any incorrect placements • Craft alternative: make paper mache planets Activity 2: Phases of the Moon • Use a sandwich biscuit (like an Oreo) to demonstrate different phases of the moon • Split the biscuit in half , use the side with the cream and using a spoon carve out the phases of the moon e.g gibbous, crescent etc. Activity 3: Make mini constellation telescopes • Use a pencil to make holes in a paper (constellation) • Wrap that paper around a toilet roll • Use a phone or torch light • You have a mini constellation telescope! Islamic principle/link: Explain how the Islamic calendar is based on the lunar cycle and the importance of the moon in determining months like Ramadan and Eid. Discuss how observing the moon connects Muslims around the world

January Session 3

Badge/s	Activity	Summary
Emergency Aid Staged Badge 	Basic first aid on teddies and emergency response	Activity 1: First Aid basics • Discuss the importance of asking an adult for help in times of emergency, or when to call 999 • Provide beavers with scenarios (e.g. your friend trips over while hiking) and ask what they would do in each scenario • Provide beavers with old/disabled phones and make beavers memorise what should be said when calling 999. You could do a role play between a beaver and leader: ◦ Caller dials 999. Operator: Emergency services, which service do you need? Caller: I need an ambulance please. Operator: What's your name and where are you calling from? Caller: My name is ___ and I'm calling from ___. Operator: Can you tell me what's happened? Caller: ___ has fallen over and cut their arm. Operator: Are they awake? Caller: Yes. Operator: Are they breathing? Caller: Yes, but there's some blood and I'm really worried. Operator: The ambulance is on its way and I'll help you. Find a clean bandage or towel and press it against their cut. Caller: OK I'll do that. Should I hang up now? Operator: No, stay on the line so I can keep helping you. Look after ___ and tell them that help is on the way. Caller: The ambulance is here. Operator: You can hang up now. Caller: OK, thank you. Activity 2: Treat the bears • Assign an illness or condition to different teddy bears • Ask the beavers to treat the bears ◦ Sprained ankle - bandage, create crutches using lollipop sticks ◦ Temperature - use a thermometer to record temperature ◦ Cuts - clean wound and plaster Islamic principle/link: "And whoever saves one [a life] – it is as if he had saved mankind entirely." (Quran 5:32)

January Extra Session

Badge/s	Activity	Summary
Emergency Aid Staged Badge 	Fire station trip or paramedics visit	Get in touch with your local fire station and have beavers visit to learn about the different equipment, processes, and people involved in firefighting. Alternatively, contact St John's Ambulance to see if a paramedic can bring an ambulance to session.

February Session 1

Badge/s	Activity	Summary
Photographer Badge 	Nature photography scavenger hunt	Activity: Go on a walk and take photos of the nature • Take the beavers to a local park • Give each lodge a list of plants, animals and bugs to seek • Once they find the item, they must take a photo with it • Fastest team to complete the challenge wins Islamic principle/link: • As Muslims, we believe all living creatures were made by Allah and Allah loves all animals and the animals exist for the benefit of human beings. Reflect on the beauty of Allah (SWT) creations. • “All living beings roaming the earth and winged birds soaring in the sky are communities like yourselves. We have left nothing out of the Record. Then to their Lord, they will be gathered all together” [6: 38] • “He Who created all things in the best way and He began the creation of man from clay.” [32:7]

February Session 2 (after half term)

Badge/s	Activity	Summary
My Faith Badge 	Exploring features of a masjid	Activity 1: Understanding the features of a mosque • Minaret, minbar, dome, wudu room, prayer hall • This can be done as a quiz or labelling images Activity 2: The role of a mosque • Congregational prayer • Community centre • Interactive element: making tasbeeh beads, dua hands Activity 3: Understanding Salah • Praying 5 times a day • How to pray • How to make wudu Activity 4: Visit a masjid Islamic principle/link: • The Messenger of Allah, may Allah bless him and grant him peace, said, "Prayer in congregation is better than the prayer of a man by himself by twenty-seven degrees." (Sahih al-Bukhari 645 (Book 10, Hadith 42))

March Session 1

Badge/s	Activity	Summary
My Faith Badge 	Ramadan Preparations	Rotate around several different stations: 1. Moon sighting and the start of ramadan 2. Taraweeh and qiyam 3. Importance of Quran 4. How to fast, what breaks the fast, etiquette of fasting 5. Setting personal goals 6. Create Dua hands (draw a set of hands and write personal duas in them)

March End of Term Session

Badge/s	Activity	Summary
Teamwork Challenge Award  Personal Challenge Award 	Last session of term	Activity 1: Team building games Activity 2: Term reflections • What did they enjoy? • Did they try something new? Overcome a fear? • What did they not like? • What personal goal can they work on next term? Activity 3: Badge ceremony • Award badges they have achieved



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Beavers Summer Term Plan

April - July

April Session 1

Badge/s	Activity	Summary
Teamwork Challenge Award  Personal Challenge Award 	Welcome back and Introduction	Activity 1: Introductions • Human Bingo to learn more about each other Activity 2: Rules and expectations • Learn beaver promise, law and salute • Set personal challenges and goals • Allocate Beavers into their lodges for the year • Gather ideas and interests for the year ahead Activity 3: Team building activities • Get into height/age/alphabetical order in silence • Human knot • Dragon tail chase • (refer to MSF Game ideas on website) Islamic principle/link: The importance of brotherhood & sisterhood in Islam - "None of you truly believes until he loves for his brother what he loves for himself." (Sahih al-Bukhari, Hadith 13; Sahih Muslim, Hadith 45)

April Session 2

Badge/s	Activity	Summary
International Badge 	Exploring international cultures	Activity 1: Different stations represent various cultures and each hold an activity related to that culture Station 1: Palestine • Tatreez colouring • Decorate cookies into flags Station 2: Mexico • Assemble tacos Station 3: Hawaii • Flower garland Station 4: Pakistan • Henna • Try on traditional clothes Station 5: Korea • Lantern making Activity 2: Cultural potluck • Ask the beavers to bring in a cultural dish from home to share Islamic principle/link: • All cultures being equal in the eyes of Allah • “O humanity! Indeed, We created you from a male and a female, and made you into peoples and tribes so that you may ‘get to’ know one another.” (Surah Hujarat)

April Session 3

Badge/s	Activity	Summary
Gardener Badge 	Plant potting and understanding growth	Activity 1: Understand how plants grow • What conditions they need • Seasons of growth Activity 2: Plant potting • Each beaver should receive a plant pot • They should decorate the pot • Fill the pot with soil and plant their seed Islamic principles/link: • Nothing can grow without Allah: 'For He is the Creator Supreme in skill and knowledge! Truly, when He intends a thing, His command is "Be" and it is!' 36:81-82 • Signs of Al-Khaliq are all around us, and as soon as we step out the front door we are presented with an abundance of Allah SWT's creation. • How can we grow as Muslims just like plants?

May Session 1

Badge/s	Activity	Summary
Cooking Badge  Health and Fitness Badge 	Making a fruit salad and learning about sunnah foods	Activity 1: Cooking with sunnah foods • Objective: learn about foods mentioned in the Sunnah and their benefits • Description: Prepare simple dishes using sunnah foods such as dates, honey, olives, and pomegranates. • Islamic principles/link: bring attention to the significance of these foods in Islamic tradition and their health benefits. Honey 'There comes fort from their bellies, a drink of varying colour wherein is healing for people. Verily, in this indeed a sig for people who think' (16:69) Olive oil Prophet Muhammad (pbuh) said, "Eat the Zait (olive oil) and use it as an ointment, because it is produced by a blessed tree." [At-Tirmidhi and Ibn Majah] Dates The Prophet (pbuh) said, "If somebody takes some Ajwa dates every morning, he will not be affected by poison or magic on that day till night." [Al-Bukhari] Activity 2: Healthy eating and moderation • Objective: teach the importance of healthy eating and moderation as emphasised in Islam • Description: Prepare a balanced meal or snack, such as a fruit salad or vegetable platter. • Islamic principle/link: Discuss the concept of moderation in eating (not wasting food and not overeating) as taught by the Prophet Muhammad. Relate it to the Hadith: "The son of Adam does not fill any vessel worse than his stomach" (Ibn Majah). • Discuss the importance of eating with your right hand and saying bismillah before doing so • Messenger of Allah (ﷺ), said to me, "Mention Allah's Name (i.e., say Bismillah before starting eating), eat with your right hand, and eat from what is near you." [Al-Bukhari and Muslim].

May Day Trip: MSF Activity Day

Badge/s	Activity	Summary
	MSF Activity Day	Attend MSF's Activity Day and earn a badge with other Muslim Scout groups from across your region!

May Session 2

Badge/s	Activity	Summary
Explorer Badge 	Forest walk	Activity: Nature walk and reflection • Objective: explore nature while appreciating Allah's creation • Description: Take the children on a nature walk in a local park or forest. Encourage them to observe the plants, animals, and environment around them and keep a mental note on what they saw. After the walk, have a reflection session where they talk about what they saw and how they felt, emphasising that all these are creations of Allah. Islamic principle/link: • Importance of animals in Islam • Eg, the Ark of Prophet Nuh AS • The importance of Bees in the Quran. Bees are said to be Allah's miracles; the way they function and how they behave, are to be held as an example

May Sessions 3 and 4

Badge/s	Activity	Summary
Outdoor Challenge Award 	Group Summer Camp preparations	Activity: Pitching tent • Learn how to put up and put down a tent. • If time permits, after learning how to put up a tent, challenge beavers to race to see which lodge can put their tent up the fastest Activity: Kit list • How to pack a bag • What to pack • Which bag to use • Footwear • How to pack a sleeping bag Activity: Prepare an entertainment act for the camp • Top tip: include an entertainment night for your group camp and get each section to compete • Acts could include: ◦ Skit/play ◦ Poem ◦ Nasheed

June Full Weekend

Badge/s	Activity
Adventure Challenge Award  Outdoor Challenge Award  Nights Away Staged Badge 	Group Summer Camp

June Session 1

Badge/s	Activity	Summary
Builder Badge  Camp Craft Badge 	Building a project using pioneering	Activity 1: Design a project - In their lodges, ask the beavers to brainstorm and draw the object they want to create using pioneering skills Activity 2: Learning the reef knot Activity 3: Build your project - For example: a raft, a tower etc Islamic principle - Discuss the prevalence of Islamic Architecture during the Golden age of Islam. Draw attention to specific sites in Medina, Andalusia, and Palestine as examples of Islamic Architecture.

June Session 2

Badge/s	Activity	Summary
My Faith Badge 	Hajj Craft Activities	Activity 1: Crafting the Kaaba • Create a simple model of the Kaaba using boxes and black paper. • Beavers can decorate it with gold paper or stickers • Explain that the Kaaba is a special place where Muslims gather during Hajj, signifying the house of Allah Activity 2: Designing Prayer Mats • Provide materials for beavers to design their own mini prayer mats using fabric, felt, or paper • Talk about the importance of prayer in Islam and how Muslims use prayer mats Activity 3: Making Eid Cards • Create Eid cards to celebrate the festival of Eid, which marks the end of Hajj • Use colourful paper, stickers, and markers. Explain that Eid is a time of celebration and giving

June End of Year Session

Badge/s	Activity	Summary
Teamwork Challenge Award  Personal Challenge Award 	Last session of the year	Activity 1: Team building games • Eg Neckerchief game • Eg Human chair Activity 2: Term reflections • What did they enjoy? • Did they try something new? Overcome a fear? • What did they not like? • What personal goal can they work on next term? Activity 3: Badge ceremony • Award badges they have achieved Activity 4: Awards • Create award categories • Eg: most improved beaver, most hard working, kindest beaver etc • Chief bronze awards

July Full Weekend: MSF Summer Camp

Badge/s	Activity
Adventure Challenge Award  Outdoor Challenge Award  Nights Away Staged Badge 	MSF Summer Camp